

DRUMSHEUGH BATHS CLUB NEWSLETTER

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Maintenance

Open Balcony Railing - For added safety and after consultation with the Club's architect, 3 wires have been installed to the railing in the open balcony.

Gym Toilet - Unfortunately the toilet outside the studio is out of order again. After investigation from our plumbers and an outside drains specialist, we have been advised that an external pipe outside the studio has dropped and requires to be replaced. The contractors are sourcing the materials and will endeavour to carry out the work as a matter of urgency. We apologise for the length of time the toilet has been out of action.

Stairway Carpet - Many will have noticed the poor condition of the carpet outside the treatment room. A new carpet has been ordered and will be fitted as soon as possible.

Staffing

Dominic King

Dominic worked part-time as a lifeguard alongside his studies at his local pools in his hometown in Corby but has enjoyed the transition to working full-time after recently finishing a philosophy degree. Naturally curious, Dominic is looking forward to learning how the Club operates and how best to support members to have a great experience.

Dom enjoys swimming, hiking, lifting weights, and reading books while listening to XFM of a Saturday.

Eric Stevens (Coach Evex) - After joining the team in 2020 providing personal training services to members, Eric has made the difficult decision to give up his role at the Club. Eric recently welcomed his new baby daughter in May and has been looking after his wife and daughter leaving him no time for work outside family life just now. We would like to thank Eric for his hard work while at the Club and wish him and his family all the best for the future.

For anyone looking for personal training sessions in the Club, we have engaged one of our fitness instructors, Pascal Sime, and in addition, Joe, our Duty Manager will shortly start his level 3 qualification and will also be available. Pascal can be contacted by email at pascalsime@hotmail.co.uk and you can speak to Joe in the Club or email staff@drumsheughbaths.com

We are still in the process of recruiting another full-time Leisure Attendant. As with a lot of workplaces just now, finding the right staff has been challenging, however, we hope to have another full-time member of staff in the Club soon and back to a full complement.

Classes

How to cancel - Now the holidays are coming to an end, classes are becoming busier and it is important to remind all members that if you are unable to attend a class please cancel it at the earliest opportunity. This can be done through your confirmation email or if you have not received an email, please call the Club on 0131 225 2200.

Studio Usage - All members using the studio to exercise should finish their workout/set 15 minutes before a class is due to start and should be mindful of members coming in to collect their mats and get ready for a class. Class setup will take priority over any member working out in the studio space during this time.

Newspapers

The Club has provided daily newspapers for members to read while in the Club for many years. However, it has become increasingly frustrating for members when newspapers or sections of the newspaper are removed from the Club. This is happening frequently. Therefore, I would ask all members to refrain from removing any part of the newspaper from the members lounge and should anyone be seen removing newspapers from the Club, further membership disciplinary action will be required to be taken.

Voluntary and Social Activity Programme

Bridge Club - We are delighted to announce that after a successful initial meeting in the Club last week, Trish Gordon has organised a Bridge Club (for playing not learning). The first meeting/game will be on Thursday 21st September from 12.30-14.30 in the closed balcony. If anyone is interested in coming along, please contact Trish directly through WhatsApp on 07885364325.

Drumsheugh Baths Club Lecture Series - Charlie Raeburn is in the process of arranging a series of talks presented by Drumsheugh Baths Club members. More information to follow in the coming months.

The Steam Room

The operation of the steam room has been a well-discussed topic amongst members over the years particularly the need for the fan and the gap at the bottom of the door.

By way of background and explanation, the Baths building was designed by Sir John James Burnet, one of Glasgow's Greatest Architects in 1882 and reconstructed after a fire in 1892. The building is Category A Listed for Architectural and Historic interest which means we have to maintain it in its current form, any alterations require the permission of both City of Edinburgh Council and Historic Environment Scotland. The Baths Hall has, because of its design and style, a much greater air volume above the pool than would occur in a modern pool. This makes it such an attractive place to swim but the flip side of this is that the air temperature is lower than it would be in a spa pool or modern health club facility. This, combined with a pool hall air temperature kept to around 22-24 degrees means that the outside environment in which the steam room is located has a much lower temperature and therefore there is a greater internal and external temperature difference than would be found at a Spa. The necessity for ventilation achieved by a gap below the door means that the temperature, particularly at floor level, is unavoidably lower than some might deem desirable. This unfortunately is something we must accept. We have employed new steam room consultants who have adjusted the position of the pipework and increased the upper thermostat level to provide the best environment we can given our building constraints.